

FRISTADS SIMPLIFIED SIZE CHART – MEN’S TROUSERS

Mens Styles								
Regular leg length			Tall leg length			Short leg length		
FK size on label	UK inch size Waist	UK inch inside leg	FK size on label	UK inch size Waist	UK inch inside leg	FK size on label	UK inch size Waist	UK inch inside leg
C38	26	31.5	C142	28	33.5	D84	30	30
C40	27	31.5	C144	30	33.5	D88	32	30
C42	28	31.5	C146	32	33.5	D92	34	30
C44	30	31.5	C148	33	34	D96	36	30.5
C46	32	31.5	C150	34	34	D100	37	30.5
C48	33	32	C152	36	34	D104	38	30.5
C50	34	32	C154	38	34	D108	40	30.5
C52	36	32	C156	40	35	D112	42	31.5
C54	38	32	C158	42	35	D116	44	31.5
C56	40	33	C160	44	35	D120	46	31.5
C58	42	33	C162	46	35	D124	50	31.5
C60	44	33	C164	48	35	D128	52	31.5
C62	46	33				D132	54	31.5
C64	48	33						
C66	52	33						

FRISTADS GENERAL SIZE CHART

HOW TO TAKE YOUR MEASUREMENTS?

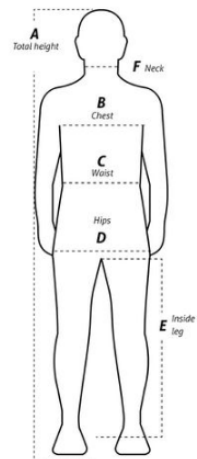
Starting from your own body size, compare to the tables to find the correct size.
Choose the table matching your height (A).

The tables for women's garments only apply for garments from the chapter Woman, otherwise, the tables for men apply. There are separate size tables for Acode. For a limited number of anti-flame garments, there are separate tables for measure B and C.

When buying trousers, measure A, C, D, E and for jackets, measure B (sizes XS-5XL). Measure A, B, D, E for coveralls and, depending on your height, choose regular, long or short in the tables.

PLEASE NOTE!

All measurements given in the tables are body size, except the inside leg, which is equivalent to the garment's size.



CHOOSE THE RIGHT FRISTADS SIZE

JACKETS, TROUSERS AND COVERALLS. TOTAL HEIGHT 176-184 CM. THIS TABLE SHOWS THE SIZE GROUP REGULAR FOR COVERALLS.

MEN SIZES		C40	C42	C44	C46	C48	C50	C52	C54	C56	C58	C60	C62	C64	C66						
			XS / REGULAR XS		S / REGULAR S		M / REGULAR M		L / REGULAR L		XL / REGULAR XL		2XL / REGULAR 2XL		3XL / REGULAR 3XL		4XL / REGULAR 4XL		5XL / REGULAR 5XL		
Figure C Normal waist	B Chest cm	80	84	88	92	96	100	104	108	112	116	120	124	128	132	136	140	144	148	152	
	C Waist cm	68	72	76	80	84	88	92	97	102	108	114	120	126	132	138	144	150	156	162	
A Total height 176 – 184 cm	D Hips cm	88	91	94	98	102	106	110	114	118	122	126	130	134	138	142	146	150	154	158	
	E Inside leg cm	80	80	80	80	82	82	82	82	84	84	84	84	84	84	84	84	84	84	84	

TROUSERS AND COVERALLS. TOTAL HEIGHT 184-192 CM. THIS TABLE SHOWS THE SIZE GROUP TALL FOR COVERALLS.

MEN SIZES		C144	C146	C148	C150	C152	C154	C156	C158	C160	C162	C164	C166	C168
		TALL XS	TALL S			TALL M	TALL L		TALL XL		TALL 2XL		TALL 3XL	
Figure C Normal waist	B Chest cm	88	92	96	100	104	108	112	116	120	124	128	132	136
	C Waist cm	76	80	84	88	92	97	102	108	114	120	126	132	138
A Total height 184 – 192 cm	D Hips cm	94	98	102	106	110	114	118	122	126	130	134	138	142
	E Inside leg cm	85	85	87	87	87	87	89	89	89	89	89	89	89

TROUSERS AND COVERALLS. TOTAL HEIGHT 168-176 CM. THIS TABLE SHOWS THE SIZE GROUP SHORT FOR COVERALLS.

MEN SIZES		D84	D88	D92	D96	D100	D104	D108	D112	D116	D120	D124	D128	D132	D136
		SHORT XS		SHORT S		SHORT M		SHORT L		SHORT XL		SHORT 2XL		SHORT 3XL	
Figure D Large waist	B Chest cm	84	88	92	96	100	104	108	112	116	120	124	128	132	136
	C Waist cm	78	82	86	90	94	98	103	108	114	120	126	132	138	144
A Total height 168– 176 cm	D Hips cm	93	96	100	104	108	112	116	120	124	128	132	136	140	144
	E Inside leg cm	76	76	76	78	78	78	78	80	80	80	80	80	80	80

TABLES FOR WOMEN'S GARMENTS FROM THE CHAPTER WOMAN ON PAGES 244-275.

WOMEN SIZES			C34	C36	C38	C40	C42	C44	C46	C48	C50	C52				
		XS	S		M		L		XL		2XL		3XL		4XL	
Figure C Normal hips	B Chest cm	76	80	84	88	92	96	100	104	110	116	122	128	134	140	146
	C Waist cm	63	66	69	72	76	80	84	88	93	99	105	111	117	123	129
A Total height 164– 172 cm	D Hips cm	87	90	93	96	99	102	106	110	115	120	125	130	135	140	145
	E Inside leg cm	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80



MEN SIZES	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
	40–42	44–46	48–50	52–54	56–58	60–62	64–66	68–70	72–74	76–78
B Chest cm	80–84	88–92	96–100	104–108	112–116	120–124	128–132	136–140	144–148	152–156
C Waist cm	68–72	76–80	84–88	92–97	102–108	114–120	126–132	138–144	150–156	162–168

WOMEN SIZES	S	M	L	XL	2XL
	34–36	38–40	42–44	46–48	50–52
B Chest cm	80–84	88–92	96–100	104–110	116–122
C Waist cm	66–69	72–76	80–84	88–93	99–106

INCHES CONVERSION TABLE

WAIST																														
Waist inch-sizes	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52	53	54	
Waist cm	66	69	71	74	76	79	81	84	86	89	91	94	96	99	102	104	107	109	112	114	117	119	122	124	127	129	132	134	137	

LENGTH				
Inside leg inches		30	32	34
Inside leg cm		76	81	86